

Episode 3: Collection of notes and rests (steady beat vs rhythm)

Student Learning Objectives:

- I can identify and draw basic musical notation
- I can identify a steady beat and rhythm
- I can perform a steady beat
- I can perform basic rhythms

Recommended Items:

- Character cards/powerpoint
- Listening example: [Terry Riley in C](#) (steady beat), [Sibelius: 5th symphony \(last 2 min\)](#)
- Worksheet with sound and silence spaces to draw notes and rests
- Musical Staff to show differences in notes and rests, and/or [Digital drum machine](#)

Activity 1: 10 - 15 min

- Teacher explains that a steady beat is like a clock ticking (stays the same) rhythm is like skipping a rock on the water (you could have 2 skips or 20 and it can always change).
- Teacher plays listening examples/drum machine and performs a steady beat.
- Teacher introduces basic music notes and rests (quarter, eighth, sixteenth, half, whole)
- Teacher plays/performs examples of each note with the same steady beat.
- Students draw and label sound's collection of notes and rests while listening to examples.

Notes: Quarter, half, whole, 8th pairs, 16th group

Rests: Quarter, half, whole, 8th

Activity 2: 20 min Rhythm phrases with sound's collection of notes and rests (string phrases together for higher level and create your own).

- Teacher taps foot to a steady beat (down, up, down, up = 1 + 2 +) vocalize 1 + 2 + 3 + 4 + (start slow)
- Students tap foot and count with the steady beat.
- Teacher keeps a steady beat tapping toe (clapping, stomping ,playing a metronome) and says the phrases over the steady beat. (add rests in between for beginning levels)
- Teacher has students echo phrases and then clap rhythm while saying phrases.
- Teacher claps rhythm and students guess which phrase is being performed. (put phrases together and create your own).

Level 1:

Phrase 1 – Welcome to Earth

Phrase 2 – Flying in your spaceship

Phrase 3 –Milky way galaxy

Phrase 4 – Solar system

Level 2:

Phrase 1 – Sound and Silence (4 8ths)

Phrase 2 – Sonic Boom! (2 8ths, 1 quart)

Phrase 3 – Boise Philharmonic Woo!

Phrase 4 – Intergalactic musical explorer

Bonus:

- Create your own phrases in groups and clap and say them and perform for the class.
- Use articulate inflection (On-e, tw-o) or articulate syllables (Ta, Ti) to count rhythm notation.

Extended Lesson: Sibelius spotlight